

COVID-19 Waiver

I understand that while gymnastics, tumbling, and Ninja activities are individual sports, there will be times when incidental contact will occur. Panhandle Gymnastics and Ninja Zone are operating in a social and physically distancing environment, but even with the best efforts and intentions, there will be times when the children will breach the prescribed (currently 6') distancing recommendation. In addition, our teaching and coaching staff will spot (physically assist) when the circumstances require it. Spotting our students and athletes is often necessary in order to teach skills safely, to help athletes perform skills correctly, and to prevent injury. I understand and agree that spotting will be part of the learning process at Panhandle Gymnastics and I agree to permit my child's teacher/coach to physically assist my child when needed. Direct assistance will also be provided in the event of an injury, or a hurt, to wipe away tears and to give a fist or elbow bump as needed.

I understand that masks are provided for both parents and children, but are not recommended while my child is practicing due to the restriction of air flow a mask may cause. I understand that masks are allowed at all times, but if my child shows signs of fatigue or physical struggle he/she may be removed from class for a time to recover.

I understand that I am allowed to stay and watch my child practice, but I am discouraged from doing so to help Panhandle Gymnastics do its best to follow social distancing guidelines. I understand that if I do decide to stay it is my responsibility to follow, and encourage others to follow, social distancing guidelines.

I understand that if my child or their immediate family shows any of the following symptoms- fever, cough, sore throat, shortness of breath, chills, or headache- I will keep my child home, and report any illness to Panhandle Gymnastics.

I understand that Panhandle Gymnastics is doing its best to protect the safety of my child and our community in these uncertain times. I understand Panhandle Gymnastics will be cleaning and sanitizing to the best of their ability between athletes touching certain apparatus, as well as between each class. I agree to communicate any and all concerns I may have during this time to my child's coaches in order to keep everyone safe.